



Dominican Sisters *of Sparkill*

The Rosary is a Scripture-based prayer that reflects on profound events (“Mysteries”) in the lives of Mary and Jesus that are remembered throughout the liturgical year. The repetition in the Rosary is meant to lead one into restful and contemplative prayer related to each Mystery.

As Dominicans, we pray the Rosary in an ancient Catholic manner that affirms the notion that the Rosary is “the layperson’s breviary.” As such, the introductory prayers are based on the opening prayers from the Liturgy of the Hours.

Make the Sign of the Cross

L: Hail Mary full of grace the Lord is with thee.

R: Blessed art thou among women and blessed is the fruit of thy womb, Jesus.

L: O Lord, open my lips.

R: And my mouth shall declare Your praise.

L: O God, come to my assistance.

R: O Lord, make haste to help me.

L: Glory to the Father, to the Son, and to the Holy Spirit

R: As it was in the beginning, is now and ever shall be, world without end.

Amen

First large bead:

L: Our Father who art in heaven, hallowed be thy name. . . as it is in heaven

R: Give us this day our daily bread. . . but deliver us from evil.

Next three Hail Mary prayers for an increase in Faith, Hope, and Charity

L: Hail Mary full of grace . . . blessed is the fruit of thy womb, Jesus.

R: Holy Mary, Mother of God, pray for us sinners. . . hour of our death. Amen

Conclude with:

L: Glory to the Father, to the Son, and to the Holy Spirit

R: As it was in the beginning, is now and ever shall be, world without end.

Amen

Leader announces and initiates the First Mystery with an ‘Our Father’, then 10 ‘Hail Marys’, while meditating on the Mystery. ‘Glory Be’ concludes the decade and each Mystery.

1. Mystery
2. Mystery
3. Mystery
4. Mystery
5. Mystery

Conclude the five decades with Hail Holy Queen or *Salve Regina* and final prayer.

Hail, Holy Queen, Mother of Mercy, our life, our sweetness, and our hope. To you do we cry, poor banished children of Eve. To you do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, your eyes of mercy toward us, and after this exile and show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

L. Queen of the Most Holy Rosary, pray for us.

R. That we might be made worthy of the promises of Christ.

Final Prayer: All

O God, whose only begotten Son, by His life, death, and resurrection, has purchased for us the rewards of eternal life; grant, we beseech Thee, that, meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.

L. May the Divine Assistance remain always with us.

R. Amen

L. And may the souls of the faithful departed rest in peace.

R. Amen

L. And may the blessing of Almighty God, the Father, Son, and Holy Spirit descend upon us and remain with us forever.

R. Amen

Make the Sign of the Cross

For further resources or to view complete text of prayers, please visit <https://sparkill.org/pray-with-us/prayer-resources/praying-the-rosary/>